



Fun things to try with your Special Friend

Animals

- Visit the Zoo: Phoenix Zoo - Phoenix. (602) 273-1341; Wildlife World Zoo. (623) 935-9453; Out of Africa Wildlife Camp Verde (928) 567-2840
- Walk a dog or visit a dog park
- Give your pet a bath
- Feed birds at the park
- Visit a pet store

Cultural/Educational

- Visit a Museum (Children's Museum, Art Museum, Science Center, Heard Museum)
- Go to the library
- Take a foreign language class together or learn some words in a new language.
- Sign-up for a Community Service Project (handsonaz.org)
- Help your Special Friend look for jobs in a newspaper
- Research career choices or colleges together (or visit local colleges)
- Volunteer to visit your Special Friend's class and tell them about your profession
- Using play money, show your Special Friend how you spend the money you earn
- Teach your Special Friend how to operate a washing machine and to sort and fold clothing

Sports/Games

- Visit a Water Park: Sunsplash - Mesa. (480) 834-8319; Big Surf - Tempe. 947-7873; Waterworld Safari - Phoenix. (623) 581-8446
- Bicycle around a park or bike trail
- Try different sports: football, racquetball, track, jogging, karate, volleyball, badminton, kite flying, golf, or baseball (or batting cages)
- Play games - checkers, cards, puzzles, chess, monopoly, scrabble, bingo.
- Attend a minor league or professional sporting event

Outdoor Activities

- 🌳 Go hiking at a local mountain trail
- 🌳 Go fishing at a local pond
- 🌳 Visit the Desert Botanical Gardens - 1201 N. Galvin Pkwy., Papago Park (480) 941-1225
- 🌳 Find a new and interesting park to visit
- 🌳 Go camping (even if it's just in your back yard!)
- 🌳 Wash or work on a car.
- 🌳 Have a water fight in the backyard.
- 🌳 Plant a vegetable or flower garden together
- 🌳 Take a walk together with a memento bag and collect interesting things you find

Food for Thought

- 🍷 Visit a pizza/arcade like Peter Piper Pizza or Chuck E. Cheez
- 🍷 Plan and cook a meal together (spice it up by choosing a recipe from a different culture!)
- 🍷 Set up a mini-bonfire and roast marshmallows or hot dogs
- 🍷 Make homemade ice cream.
- 🍷 Attend a farmers market.
- 🍷 Bake a fun dessert
- 🍷 Have a carpet picnic on the living room floor and watch a movie

Arts/Crafts/Music

- 🎨 Attend a music/arts/crafts fair.
- 🎨 Go to a local craft store and choose a new activity to do together
- 🎨 Listen to music in a music store.
- 🎨 Write a letter or story together or keep a journal of your time together
- 🎨 Start a collection together (stamps, rocks, coins, stickers etc)
- 🎨 Teach your Special Friend any special skills you might have (knitting, carpentry, sewing, musical instrument etc)
- 🎨 Make a collage of your Special Friend's life or goals using pictures cut from magazines (a "life map")
- 🎨 Make a calendar of the big events of your Special Friend's year
- 🎨 Go on a camera scavenger hunt together – make a list of things you want to take pictures of and let your Special Friend take the pictures